

Lamentations 3:24 "The LORD is my portion," says my soul, "Therefore I hope in Him!"25The LORD is good to those who wait for Him, to the soul who seeks Him.26It is good that one should hope and wait quietly for the salvation of the LORD. 27 It is good for a man to bear the yoke in his youth.

Lamentations 3:20 My soul still remembers and sinks within me.

Lamentations 3:37 Who is he who speaks and it comes to pass, when the Lord has not commanded it?<sup>38</sup>Is it not from the mouth of the Most High that woe and well-being proceed?

Lamentations 3:1 I am the man who has seen affliction by the rod of His wrath. <sup>2</sup>He has led me and made me walk in darkness and not in light.3Surely He has turned His hand against me time and time again throughout the day.

Lamentations 3:4 He has aged my flesh and my skin, and broken my bones. 5He has besieged me And surrounded me with bitterness and woe. He has set me in dark places like the dead of long ago. <sup>7</sup>He has hedged me in so that I cannot get out; He has made my chain heavy.

Lamentations 3:8 Even when I cry and shout, He shuts out my prayer. He has blocked my ways with hewn stone; He has made my paths crooked. 10 He has been to me a bear lying in wait, like a lion in ambush. 11 He has turned aside my ways and torn me in pieces; He has made me desolate.

Jeremiah 3:12 He has bent His bow and set me up as a target for the arrow. 13 He has caused the arrows of His quiver to pierce my loins. 14I have become the ridicule of all my people their taunting song all the day.

Jeremiah 3:15 He has filled me with bitterness, He has made me drink wormwood. 16 He has also broken my teeth with gravel, and covered me with ashes. 17 You have moved my soul far from peace; I have forgotten prosperity. 18 And I said, "My strength and my hope have perished from the LORD."19Remember my affliction and roaming, the wormwood and the gall.

Jeremiah 3:21 This I recall to my mind, Therefore I have hope. 22 Through the Lord's mercies we are not consumed, because His compassions fail not. <sup>23</sup>They are new every morning; great is Your faithfulness.

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Lamentations 3:39 Why should a living man complain, a man for the punishment of his sins?40Let us search out and examine our ways, and turn back to the Lord; 41 let us lift our hearts and hands to God in heaven.